

The Power of Peace Program Hudson Junior High School Fall 2017 Report

Our MISSION is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

Our VISION is to help all youth realize their personal worth so that each makes positive contributions to society.

Our FOUNDER Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

Our POWER OF PEACE PROGRAM is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

Our FEEDBACK in Post Workshop Surveys from five, one day Power of Peace Workshops at Hudson Junior High School 88% of Students that attended the program said “I think it’s a good idea for other students in my school to attend Power of Peace workshops.”

Many commented that “Power of Peace is a great thing to have and that everyone should experience these workshops, they help a lot”. Students commented that the way to make Power of Peace better is “Making me come again.” “Letting me come again.” “Have us take an extra day for this.”

Overall, there was no negative feedback from the students who attended the Power of Peace Workshops at Hudson Junior High School in 2017.

Adults that attended the workshop overwhelmingly comment on the post workshop survey that they “Support the mission” and that “The Power of Peace is an amazing program” and that “The students really need this program and should attend more often.”

**The Power of Peace Program
Hudson Junior High School
Fall 2017 Report
Participant Demographics**

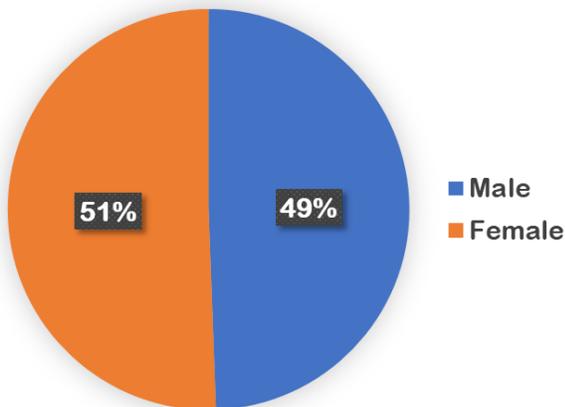
In the fall of 2017 eighty five students at Hudson Junior High School Students attended the Power of Peace Program.

Five sessions were run; September 25, October 2, October 16, October 23, and October 30th

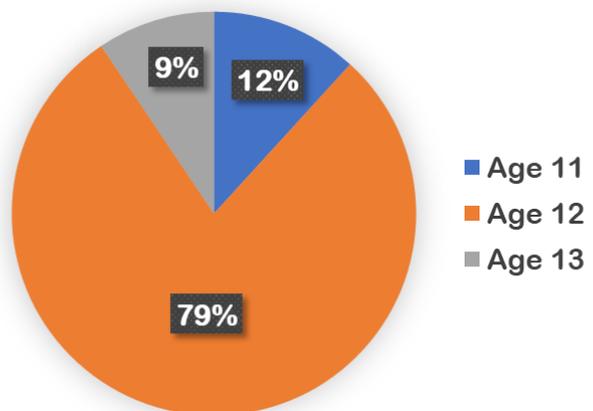
Each attendee was given a survey to fill out before and after attending the program. The demographics of the attendees was asked as part of the Pre Program Survey.

85 Attendees

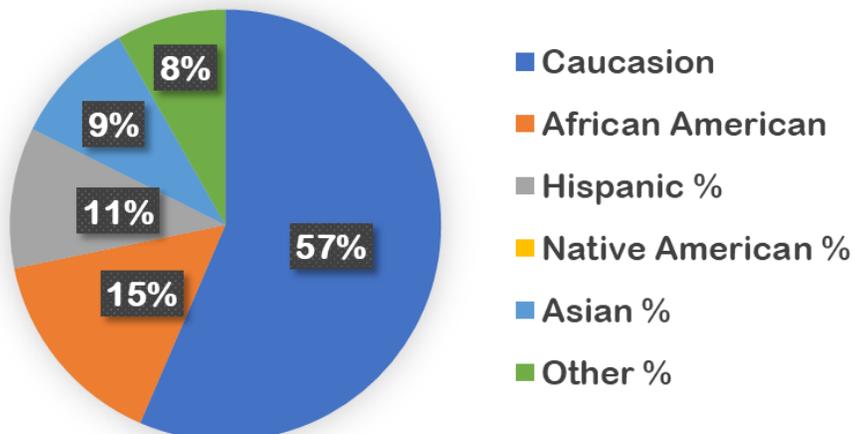
Gender



Age

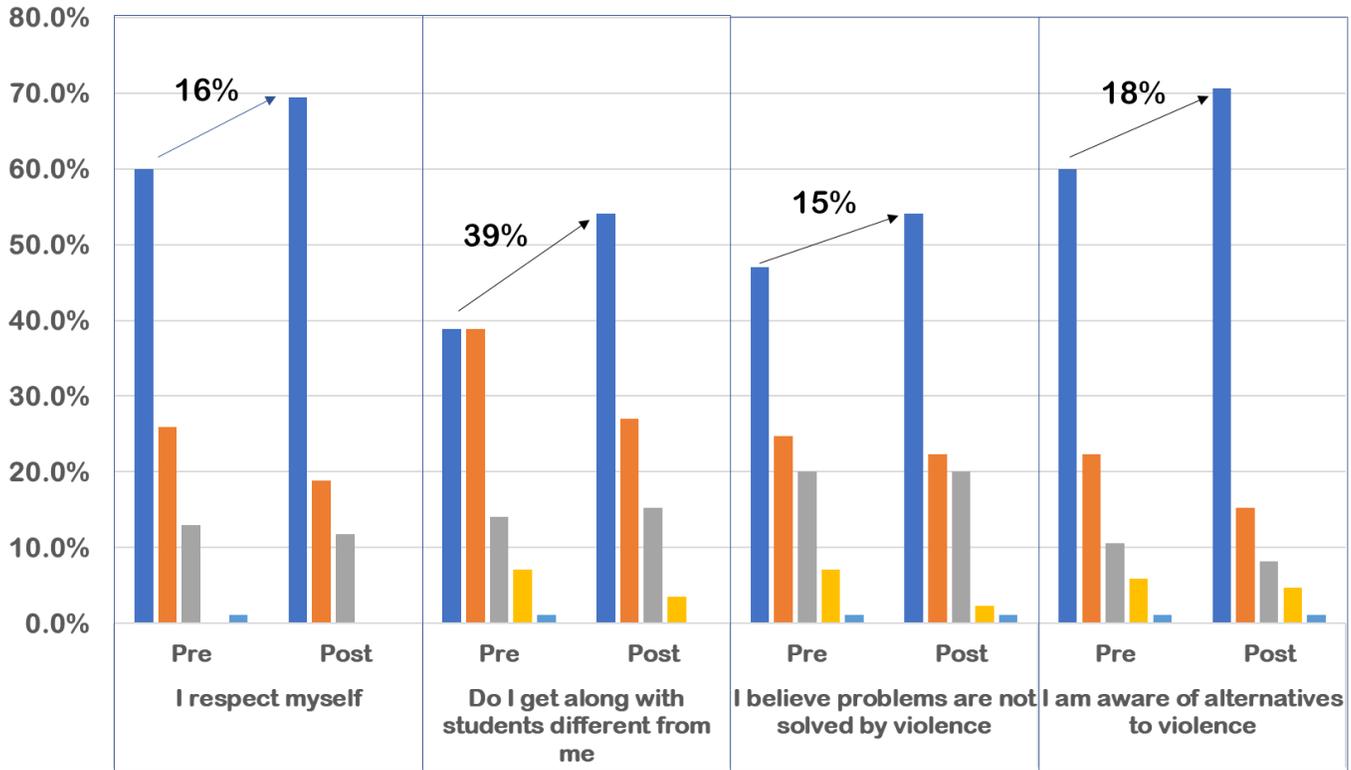


Ethnicity

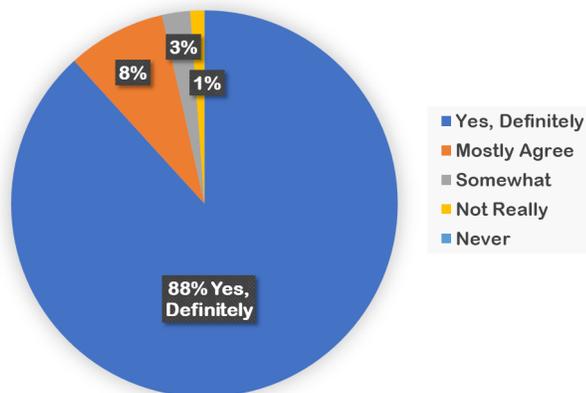


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Survey Results**

The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program



“I think it’s a good idea for other students in my school to attend Power of Peace Workshops”



The Power of Peace Program Hudson Junior High School Fall 2017 Report Survey Responses

Comments from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program many students mentioned that it helped change their views in a positive way about expressing their feelings, how to get along with others, how to better solve problems by talking about their feelings. Here are some of the things they said:

- “I feel like it changed me to be more respectful to others.”
- “I think it’s a fun way to spread awareness and talk about personal issues in a safe environment.”
- “I feel that people should go here because I learned a lot about my classmates I didn't know before.”
- “I think it’s super fun and teaches us about life choices.”
- “I feel that this has given me and probably many others more people to talk to if we are in need.”
- “I feel like power of peace should be done more often here, it teaches us to respect, love and appreciate ourselves.”
- “I feel like it’s making you be a better person. Life is not perfect but still show respect.”
- It’s very fun and I would love to do this next year.”
- “Power of Peace is an amazing program that taught me a lot about my past.”

Feedback from adults who attended the program was overwhelmingly positive.

- “This program is awesome. This is my second time through and the perspective it gives us on our students and their individual situations is invaluable. It is thought provoking and community building.”
- “The age group (7th grade) is right for the “light” version of the program and it’s a very worthwhile experience for our kids.”