

The Power of Peace Program Hudson High School Fall 2017 Report

Our MISSION is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

Our VISION is to help all youth realize their personal worth so that each makes positive contributions to society.

Our FOUNDER Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

Our POWER OF PEACE PROGRAM is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

Our FEEDBACK in Post Workshop Surveys from 2 two day Power of Peace Workshops at Hudson High School during the fall of 2017, 94% of Students that attended the program said “I think it’s a good idea for other students in my school to attend Power of Peace workshops.”

Students commented that “Power of Peace was very helpful” and to make Power of Peace better “try to fit in more days with certain groups”

Overall, there was no negative feedback from the students who attended the Power of Peace Workshops at Hudson High School .

The Power of Peace Program Hudson High School Fall 2017 Report Participant Demographics

In the Fall of 2017, 38 students at Hudson High School attended the Power of Peace Program.

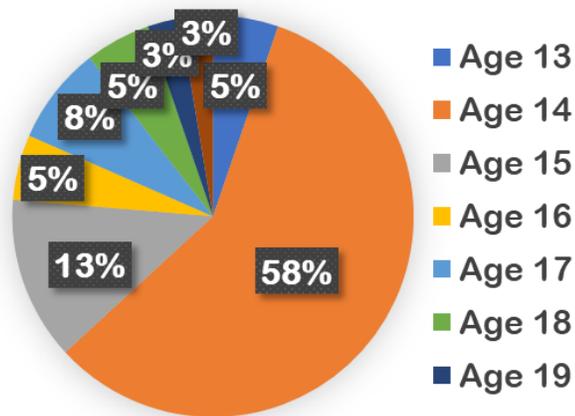
The 2 day sessions were October 5 and 6, and October 26 and 27, 2017.

Each attendee was given a survey to fill out before and after attending the program. Of the 38 students that attended the program 5 did not fill out the Post Program Survey.

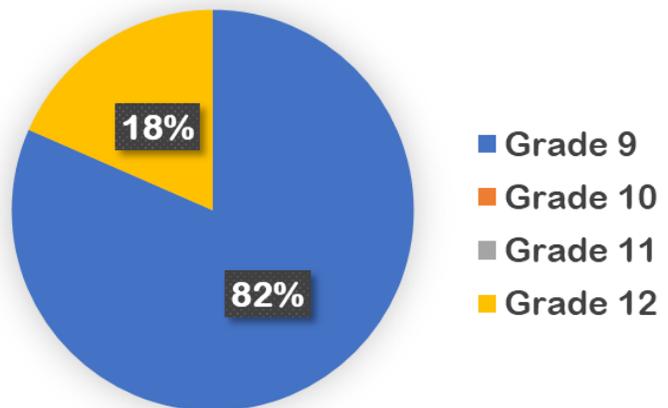
The demographics of the attendees was asked as part of the Pre Program Survey.

38 Attendees

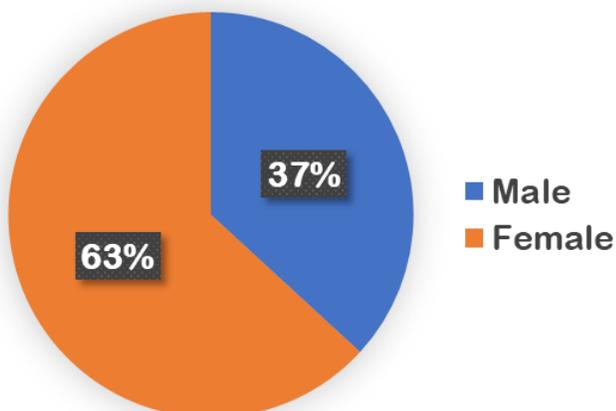
Age



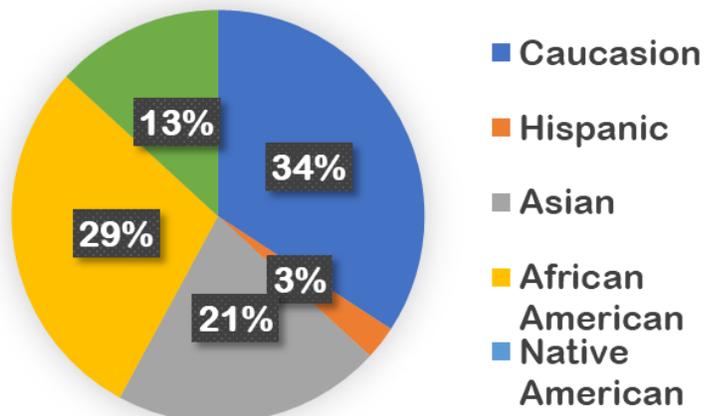
Grade



Gender

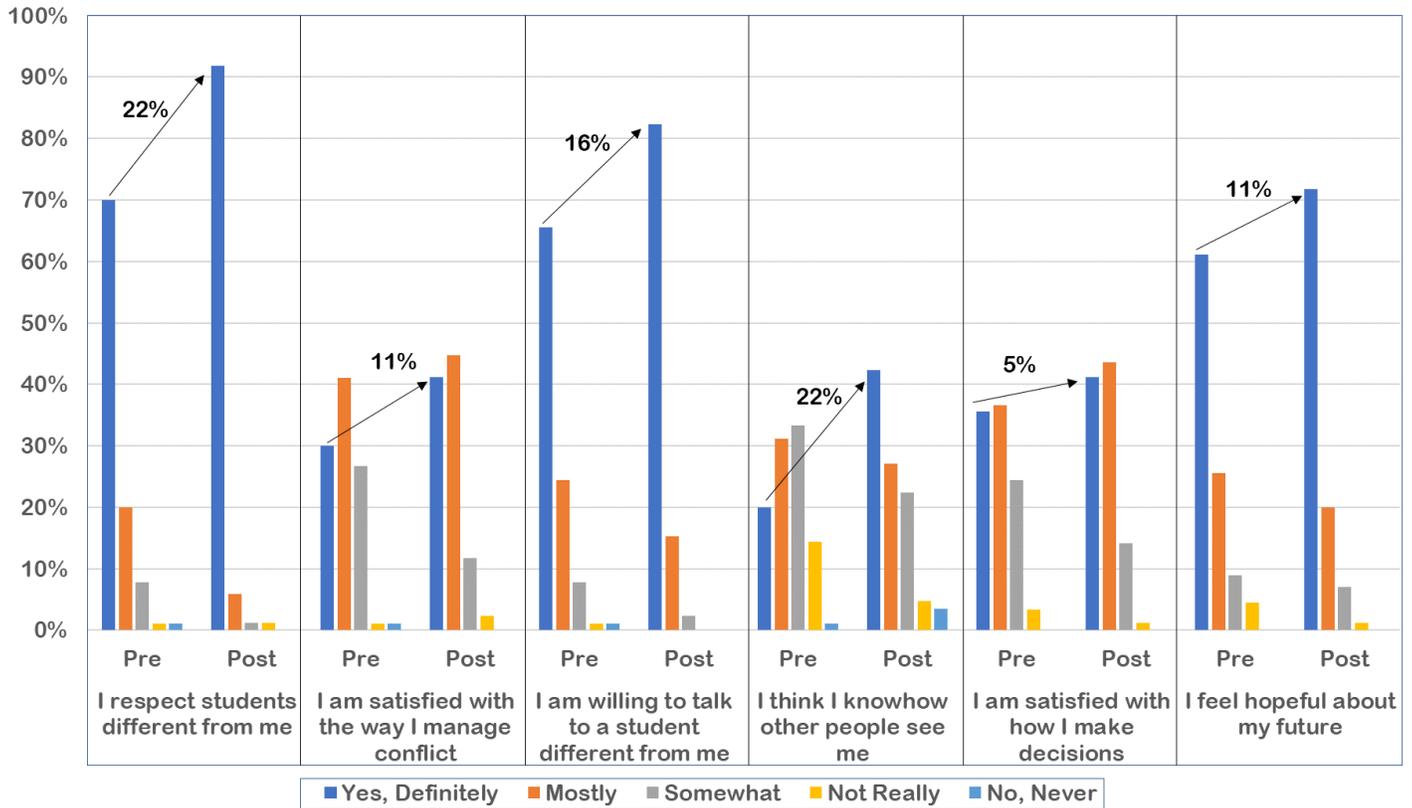


Ethnicity

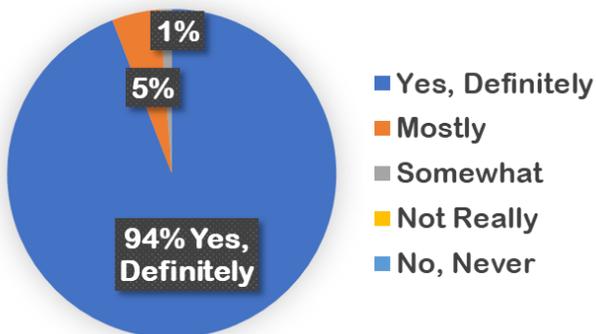


The Power of Peace Program Hudson High School Fall 2017 Report Survey Results

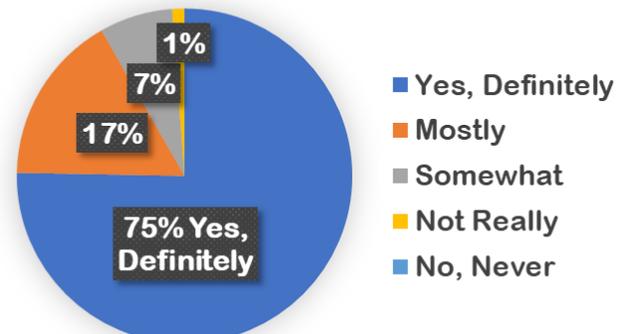
The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program



I think it's a good idea for other students to attend these workshops



I believe I have changed for the better because of these workshops



The Power of Peace Program Hudson High School Fall 2017 Report Survey Responses

Responses from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program many students mentioned that it helped to discuss their feelings with the group and that sharing and hearing other's stories gave them hope and made them feel less alone. Here are some of the things they said:

- “Power of Peace helps people realize that not everyday will be a bad day! Things will get better.”
- “Power of Peace has helped me tremendously. It has helped me believe in myself and realize that I am not alone”
- “When I first got the letter about Power of Peace I was like what the hell. Now I can realize this is really helpful. I shared my memories and I heard other's stories and that makes me feel better.”
- “I loved Power of Peace because it helped me with a lot of stuff that was bottled up.”
- “I want to do it again next year. Hearing everyone's stories was good, it is the best.”
- “I like Power of Peace because you get to learn about people and talk about personal problems and be helped.”
- “I like Power of Peace because it allowed me to be myself.”
- “I feel that Power of Peace was fun and helpful thanks to the workshops and gatherings. I would like to do more role play.”
- “It was an amazing workshop looking forward to come back for Level 2.”
- “I enjoyed it and it was a very good program that helped me out.”
- “I feel like it's a good program for stressed teenagers.”