

## **The Power of Peace Program Woodlands Middle School November 19, 2018 Report**

**Our MISSION** is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

**Our VISION** is to help all youth realize their personal worth so that each makes positive contributions to society.

**Our FOUNDER** Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

**Our POWER OF PEACE PROGRAM** is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

**Our FEEDBACK** in Post Workshop Surveys from the Power of Peace Workshop at Woodlands Middle School on November 19, 2018 100% of Students that attended the program said “I think it’s a good idea for other students in my school to attend Power of Peace workshops.”

Students commented that “Power of Peace is an outstanding program.” “It helps students to learn how to trust themselves and others.”

Overall, there was no negative feedback from the students who attended the Power of Peace Workshops at Woodlands Middle School .

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Woodlands Middle School  
November 19, 2019  
Participant Demographics**

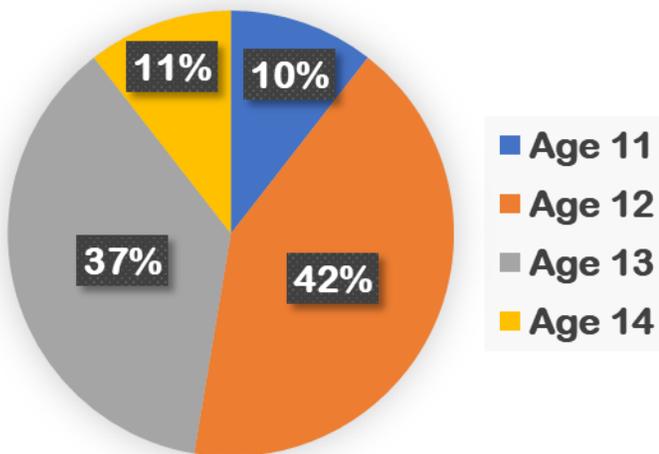
On November 19, 2018 19 students and 2 adults at Woodlands Middle School attended the Power of Peace Program.

Each attendee was given a survey to fill out before and after attending the program.

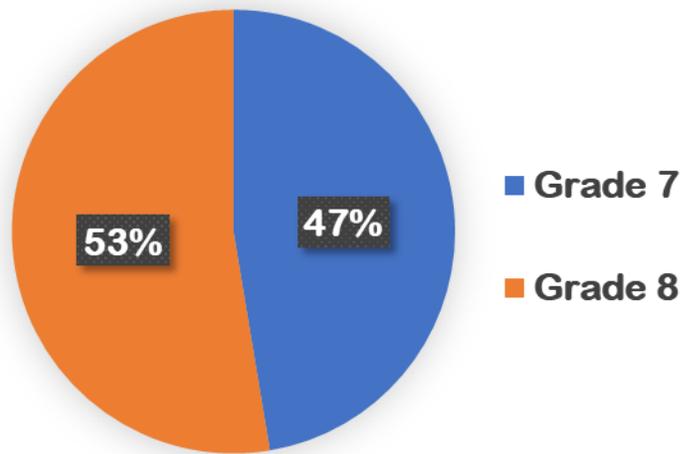
The demographics of the attendees was asked as part of the Pre Program Survey.

**19 Attendees**

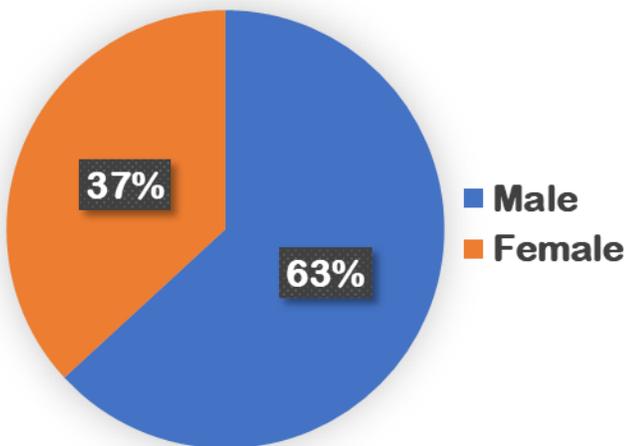
**Age**



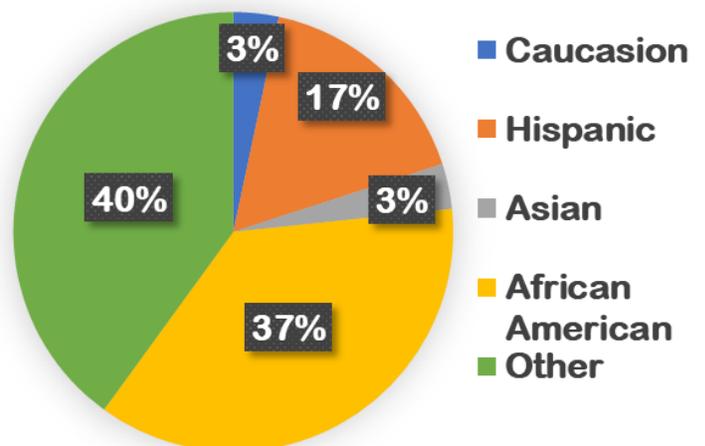
**Grade**



**Gender**

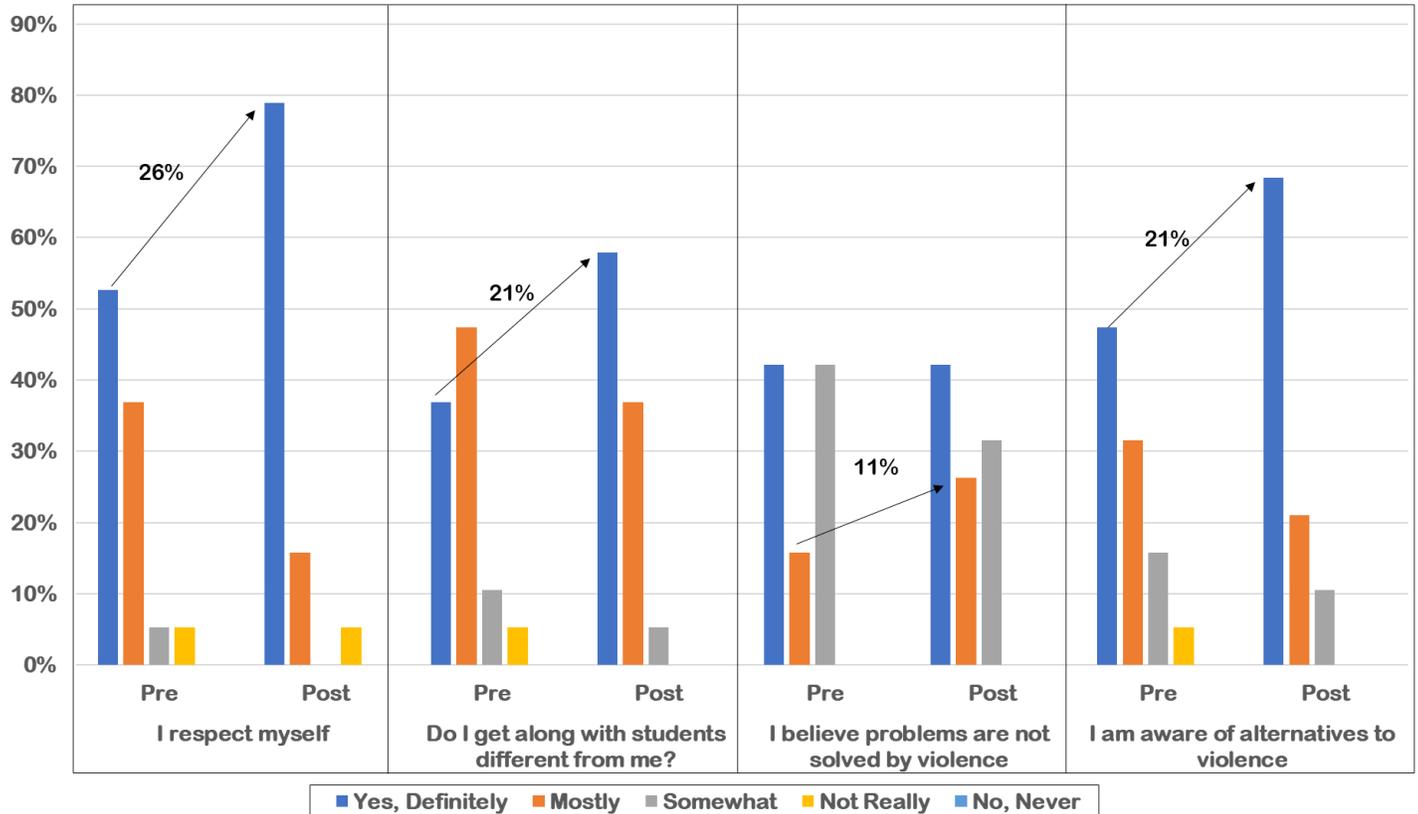


**Ethnicity**

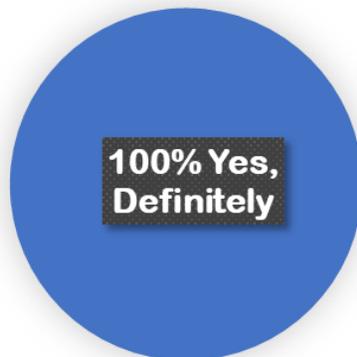


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Survey Results**

**The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program**



**I think it's a good idea for other students to attend Power of Peace workshops**



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Comments from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program students said that they “had positive feelings after attending the program” and they thought “it was a great program.” Here are some of the things they said:

- “It made me become aware of other’s situations, so you can’t judge a book by it’s cover.”
- “It’s fun because I got to know about other people that I didn’t talk to before.”
- “I think that it will help kids express themselves more.”
- “Power of Peace was a great experience and I’d love to do it again.”
- “I feel lucky to be in Power of Peace.”
- “I felt that Power of Peace is very good and fun because you get to talk out loud about how you feel.”
- “It’s a way to reflect and talk about things.”
- “I felt that it woke me up about how opening up and speaking can be good”
- “I released a lot of feelings.”
- “It made me feel more open to others.”

Two teachers attended the Power of Peace Workshop. Here are some of the things they said:

- “This is such a powerful workshop not only for the students but for adults as well.”
- “Thank you for giving the students a safe place to be themselves and to learn so many important life lessons”
- “The day flew by because we had so much fun!”
- “Excellent! Mike has keen observation skills and really connects with the kids.”
- “I think working with the same group more than once would be great for the student. Next year when we do the initial Power of Peace Assembly have more information out to teachers beforehand and encourage teachers to come. Many adults in our building would benefit from this.”