

## **The Power of Peace Program Warren Street Academy “The Bridge” October 27 and 28, 2016 Report**

**Our MISSION** is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

**Our VISION** is to help all youth realize their personal worth so that each makes positive contributions to society.

**Our FOUNDER** Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

**Our POWER OF PEACE PROGRAM** is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

**Our FEEDBACK** in Post Workshop Surveys from five one day Power of Peace Workshops at Warren Street Academy “The Bridge”. 93% of Students that attended the program said “I think it’s a good idea for other students in my school to attend Power of Peace workshops.”

Many commented that “Power of Peace was a good way to express yourself without being judged”. And that “It is an important experience.” Students all agreed that they “Liked it.”

Overall, there was no negative feedback from the students who attended the Power of Peace Workshops at Warren Street Academy “The Bridge” on October 28 and 29, 2016.

Six adults attended the workshop and commented on the post workshop survey “I support the mission and how the format of the program flows effectively” and that “The Power of Peace is absolutely the best experience.”

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Participant Demographics**

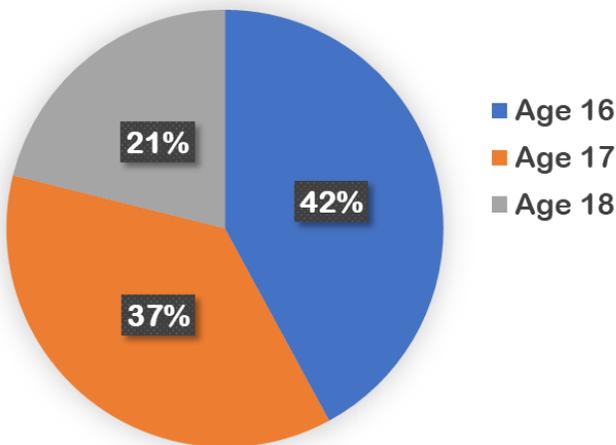
In the fall of 2016, 19 students at Warren Street Academy “The Bridge” attended the Power of Peace Program.

The session was run over a two day period, October 27 and 28, 2016.

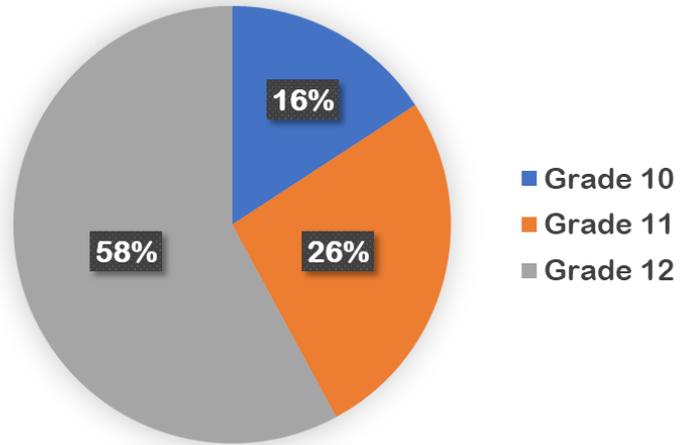
Each attendee was given a survey to fill out before and after attending the program. Of the 19 students that attended the program 5 did not fill out the Post Program Survey.

**19 Attendees**

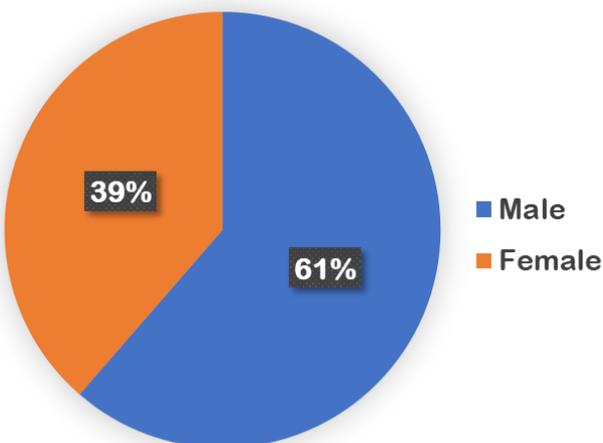
**Age**



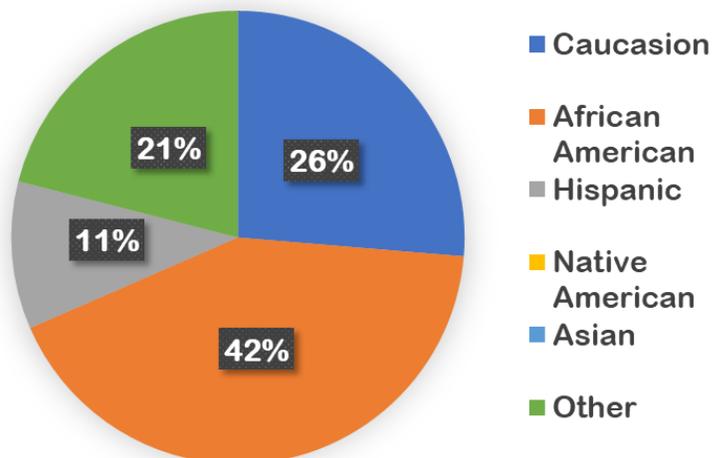
**Grade**



**Gender**



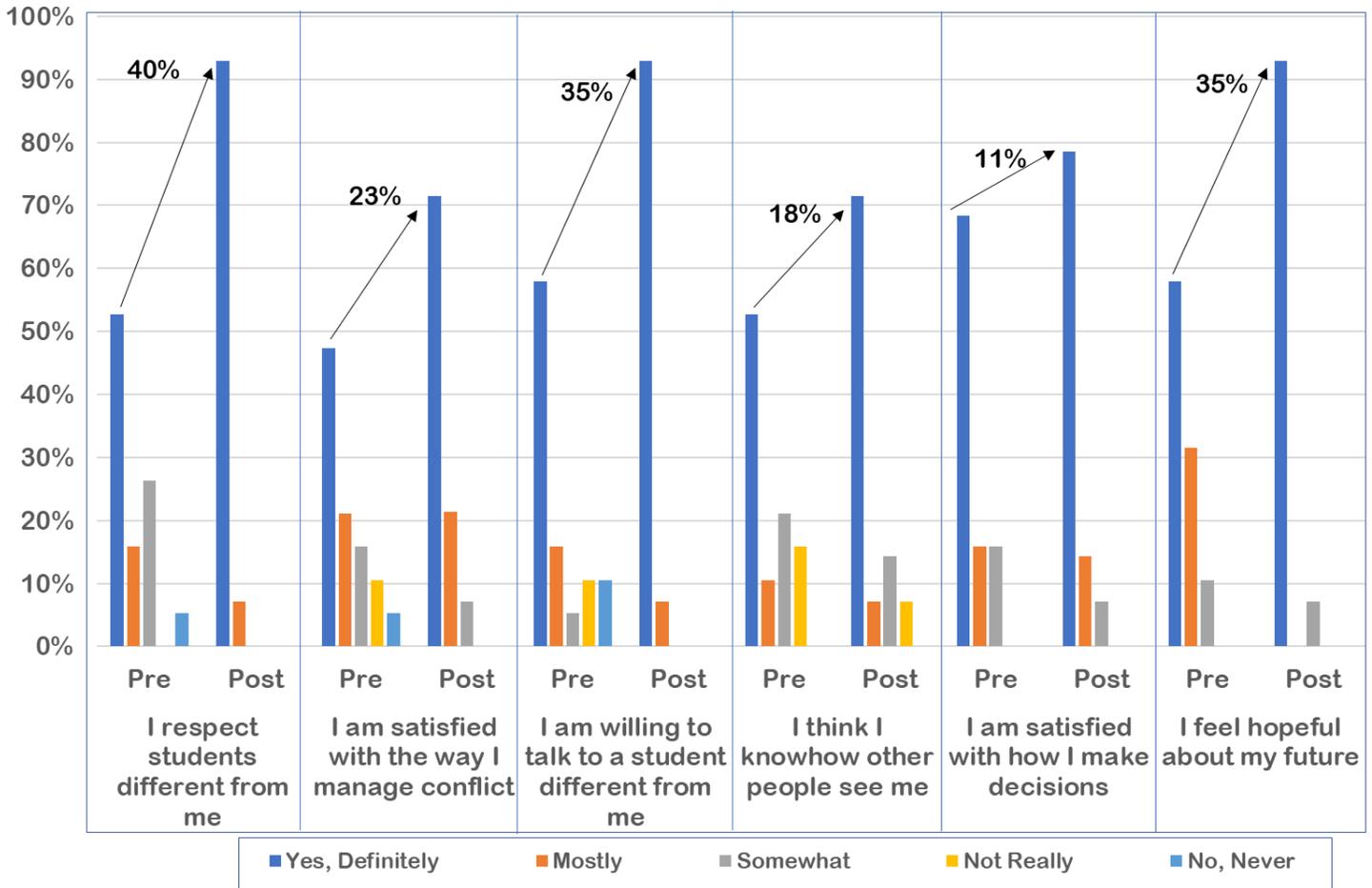
**Ethnicity**



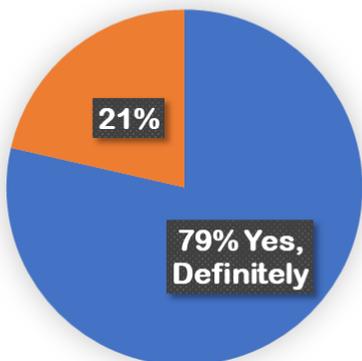
\* Other consists of students that identified themselves as being in more than one category

## The Power of Peace Program Warren Street Academy “The Bridge” October 27 & 28, 2016 Report Survey Results

The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program

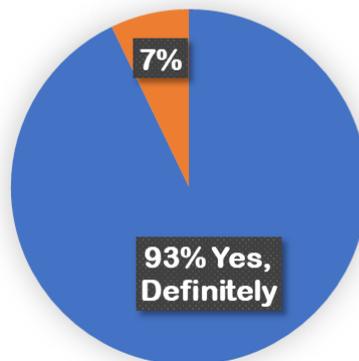


**I believe I have changed for the better because of these workshops**



- Yes, Definitely
- Mostly
- Somewhat
- Not Really
- No, Never

**I think it's a good idea for other students to attend these workshops**



- Yes, Definitely
- Mostly
- Somewhat
- Not Really
- No, Never

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Survey Responses**

Responses from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program many students mentioned that it helped change their views in a positive way about expressing their feelings, how to get along with others, how to better solve problems by talking rather than using violence and feeling hopeful about their future. Here are some of the things they said:

- “Power of Peace made me feel like how I have hope to do better in life. It makes me feel like I have peers and people to help me.”
- “I feel that this program should keep going on.”
- “It is good to connect with other students.”
- “Power of Peace made me feel like how I have hope to do better in life. It makes me feel happy.”
- “I like it, everyone gets to express how they feel and think about it.”
- “I did stuff like this because I was locked up before and think it’s good.”
- “It feels like a big family and we should have it all three years.”

Feedback from the adults who attended the program was overwhelmingly positive and the only recommendation to make the program better was to “Find a way to make it longer.”

- “I found the program great for team building with our students. It was great to hear their stories and grow together as one”
- “I loved the opportunity to give a part of me to others and also share pain and be a part of the lives of those who are our future”
- “Power of Peace is an amazing program. It encourages everyone to share their story and listen to others while keeping an open mind. It’s helpful to see and hear other’s struggles, knowing you’re not alone”
- “It helped me learn how some of my students handle situations”