

The Power of Peace Program Scotia Glenville High School 2018-2019 Report

Our MISSION is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

Our VISION is to help all youth realize their personal worth so that each makes positive contributions to society.

Our FOUNDER Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

Our POWER OF PEACE PROGRAM is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

Our FEEDBACK in Post Workshop Surveys from 5 two day Power of Peace Workshops at Scotia Glenville High School during the winter and spring, **99%** of the 83 High School Students that attended the program answered ‘Yes, definitely— I think it’s a good idea for other students in my school to attend Power of Peace workshops.’”

Students commented that “Power of Peace helped them feel motivated, encouraged and enlightened” and to make Power of Peace better “have longer and more sessions.”

Overall, there was no negative feedback from the students or teachers who attended the Power of Peace Workshops at Scotia Glenville High School .

The Power of Peace Program Report Scotia Glenville High School 2018-2019 Participant Demographics

In the Winter of 2018 and Spring of 2019, 83 students and 10 teachers at Scotia Glenville High School attended the Power of Peace Program.

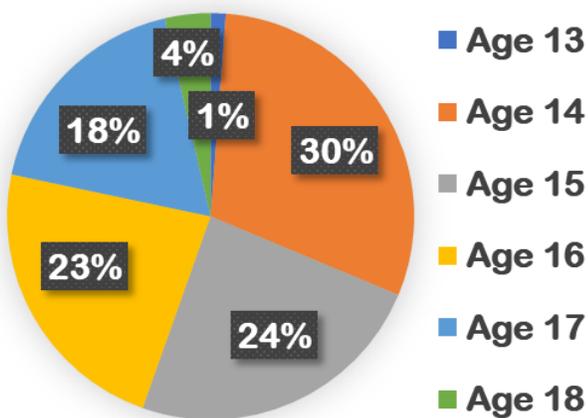
The 2 day sessions were held October 17-18, 2018, November 13-14, 2018, December 11-12, 2018, February 26-27, 2019 and March 14-15, 2019.

Each attendee was given a survey to fill out before and after attending the program. Each adult was given an Adult Workshop Survey to complete the last day of the program.

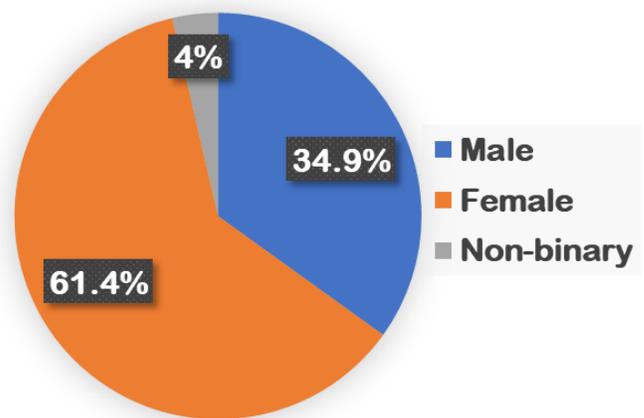
The demographics of the attendees was asked as part of the Pre Program Survey.

83 Student Attendees

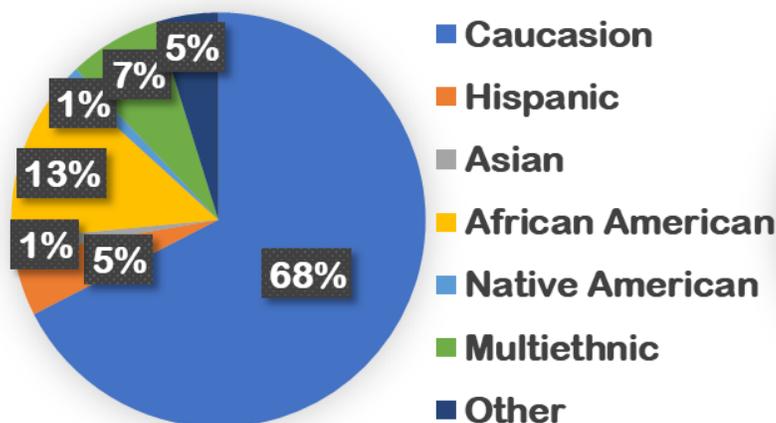
Age



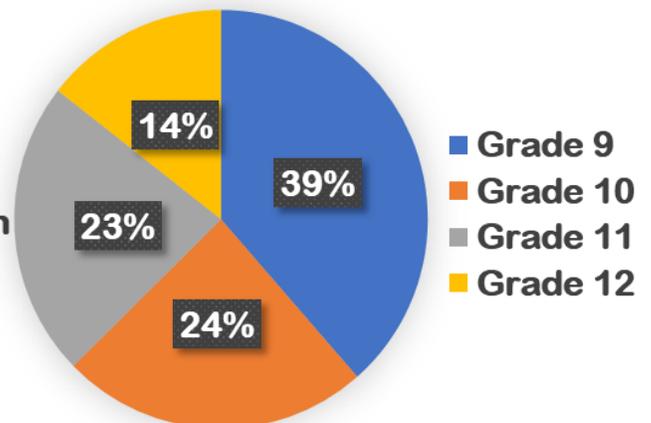
Gender



Ethnicity

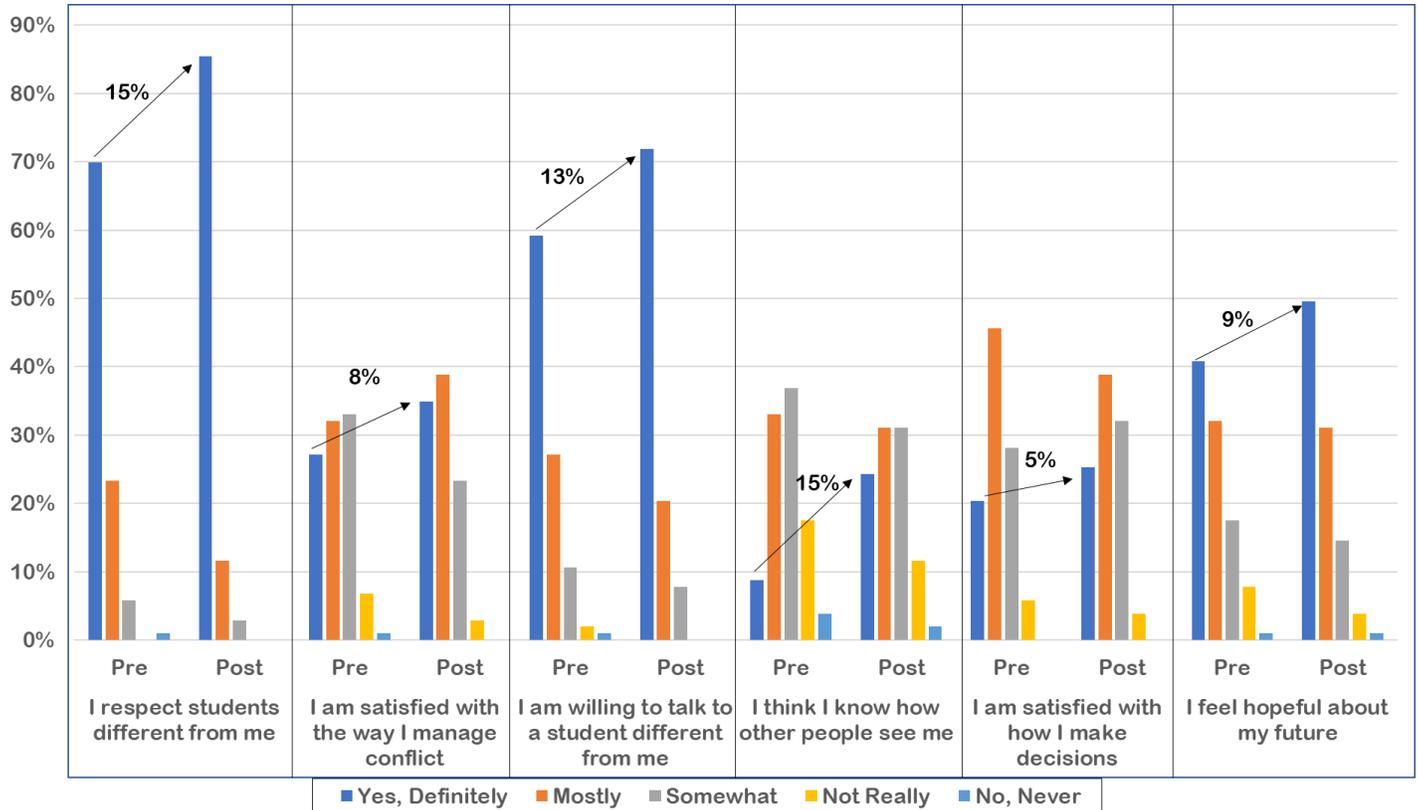


Grade

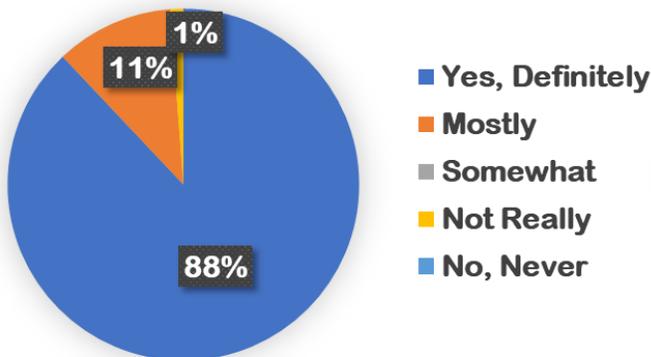


The Power of Peace Program Report Scotia Glenville High School 2018-2019 Survey Results

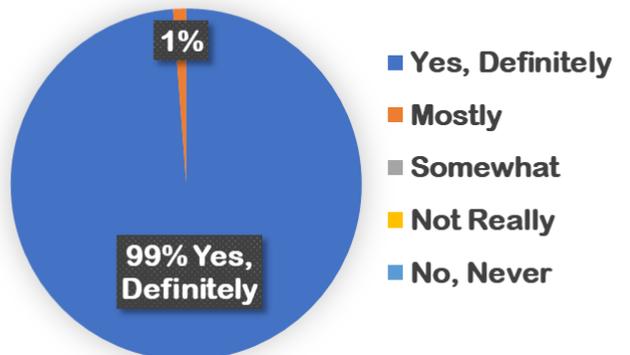
The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program



I believe I have changed for the better because of these workshops



I think it's a good idea for other students to attend these workshops



The Power of Peace Program Report Scotia Glenville High School 2018-2019

Comments from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program many students mentioned that “it was a very emotional experience” that “helped them get to know themselves better and connect with other students”. Here are some of the things they said:

- “Very inspirational, the best experience I have ever had.”
- “It changed my way of thinking and it is great!”
- “This program is doing so much good. Anyone who does it will learn from it.”
- “Power of Peace is a safe haven for students who feel like outcasts who soon have a family in two days.”
- “This experience has changed my very being, and for that I am eternally grateful.”
- “I think every student should attend it. It helps you find out who you are, and makes you think about how you treat people.”
- “I feel like Power of Peace truly changed my outlook on life and others and I feel grateful to live my life to the fullest and give back. I really hope to come back for Session 2.”
- “I think this is a great program. It really opened my eyes and taught me that I wasn’t as alone as I thought I was.”

Ten teachers attended the Workshops. Here are some of the comments from the Adult Workshop Surveys:

- “Power of Peace Program is an awesome program! It creates a safe place for students to share and heal. It increased the level of empathy and understanding among the group. Hopefully this empathy will be carried on in the halls and in the community.”
- “It was amazing to see how open the students were. I enjoyed the atmosphere created that allowed students to feel able to share so openly. Most students seem to keep things bottled up. It was nice to see the students open up and talk with each other and take care of each other.”
- “These past two days were absolutely fantastic. Michael and Otis are sincere, open, thought provoking, caring and a breath of fresh air. The kids were gently pushed out of their comfort zones and asked to give of themselves. Students were encouraged to think about others, their situations, and place themselves in other’s shoes. Some of the activities brought many tears, but the activities were balance with so much laughter and levity.”