

The Power of Peace Program Scotia Glenville Middle School 2018 Report

Our MISSION is to improve the quality of life of young people through Positive Youth Development in a safe and supportive environment, encouraging students to become active, productive members of their families, schools and communities.

Our VISION is to help all youth realize their personal worth so that each makes positive contributions to society.

Our FOUNDER Michael Arterberry, or as the kids call him, “Mighty Mike”, has developed The Power of Peace Program, and is a published author of the book *Be Encouraged!!!: 250 Days of Motivation and Encouragement*.

“Short-term thinkers plant gardens...Long-term thinkers plant trees. Eternity minded thinkers plant themselves in the souls of others!”

~Michael Arterberry

Our POWER OF PEACE PROGRAM is a succession of experiential workshops, with a focus on conflict management, designed to enable young people to use their voices to express their concerns, fears and dreams within a safe environment. The workshops address the issues that youth confront daily, the components of which include: positive youth development, leadership, conflict management, team work and collaboration, decision making, respect for others and self and diversity.

Through the engaging nature of The Power of Peace Program, the ultimate goal is for students to “connect” with each other and their own “inner person” and use that as a catalyst to act, rather than have their emotions determine their actions.

Our FEEDBACK in Post Workshop Surveys from 2 one day Power of Peace Workshops at Scotia Glenville Middle School, **97%** of the 34 Middle School Students that attended the program answered ‘Yes, definitely— I think it’s a good idea for other students in my school to attend Power of Peace workshops.’”

Students commented that “Power of Peace was a safe space to share experiences and thoughts” and to make Power of Peace better “have more students invited.”

Overall, there was no negative feedback from the students or teachers who attended the Power of Peace Workshops at Scotia Glenville Middle School .

The Power of Peace Program Report Scotia Glenville Middle School 2018 Participant Demographics

In the Winter of 2018 34 students and 5 teachers at Scotia Glenville Middle School attended the Power of Peace Program.

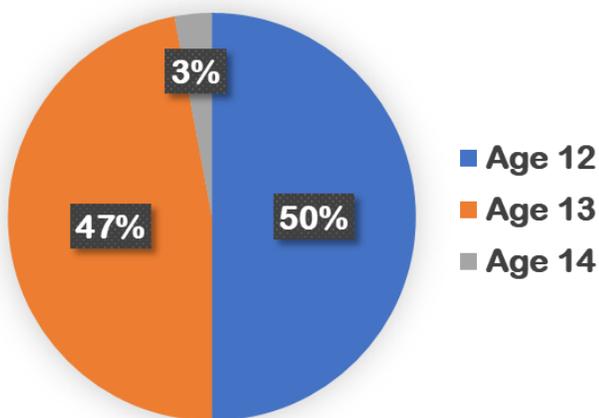
The 1 day sessions were held November 15th and December 10th 2018.

Each attendee was given a survey to fill out before and after attending the program. Each adult was given an Adult Workshop Survey to complete the last day of the program.

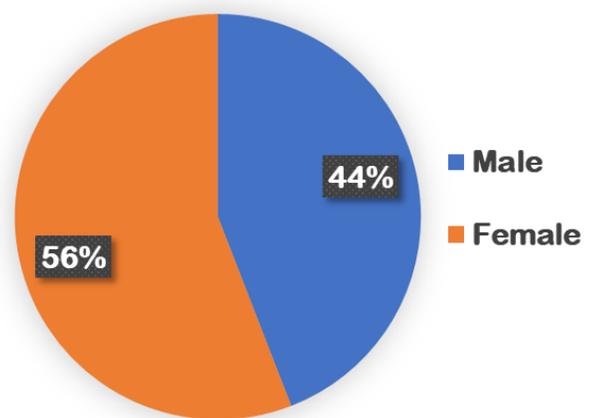
The demographics of the attendees was asked as part of the Pre Program Survey.

34 Student Attendees

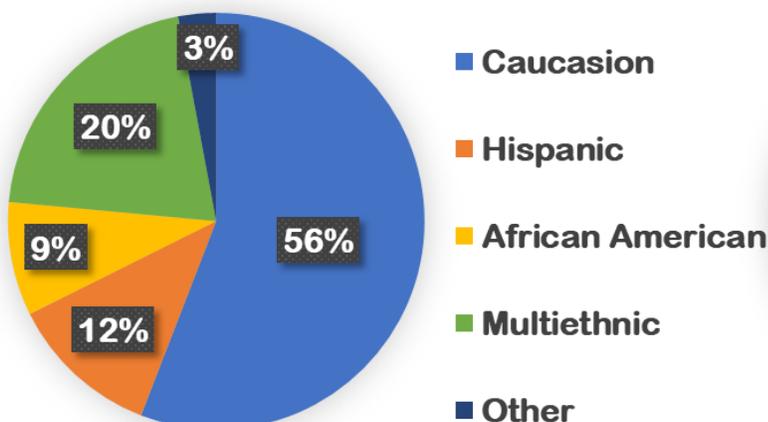
Age



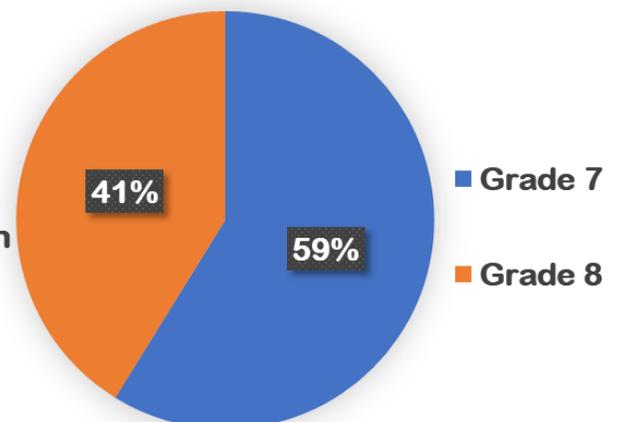
Gender



Ethnicity

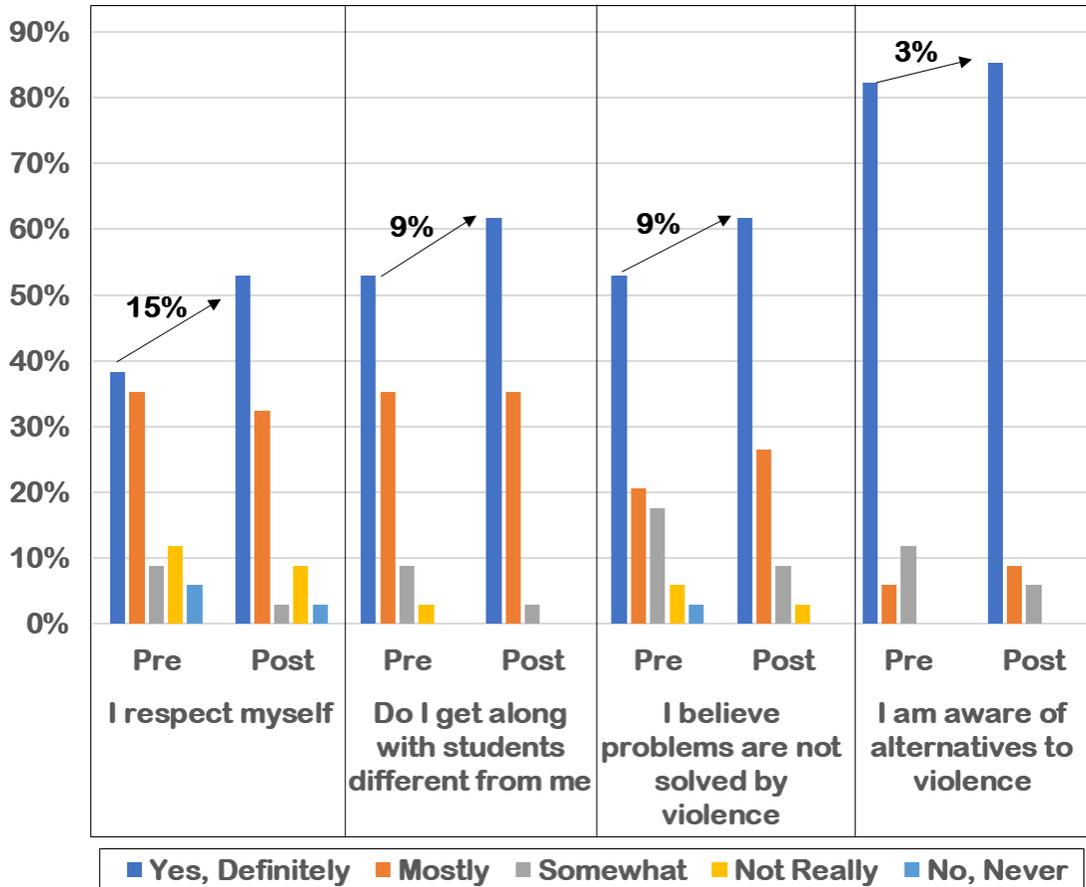


Grade

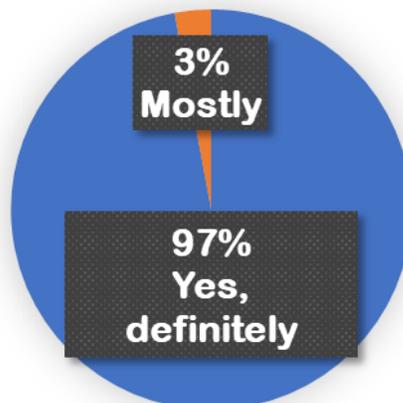


The Power of Peace Program Report Scotia Glenville Middle School 2018 Survey Results

The Pre and Post Survey results show a Positive Increase in ALL areas addressed in the Power of Peace Program



I think it's a good idea for other students in my school to attend Power of Peace



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Comments from students about how they felt about the program validate the presumption that kids need to learn how to understand their feelings and act on their feelings in a positive way and that the main goals of The Power of Peace are being achieved from the program.

When asked about how they felt about the program many students mentioned that “it was a great program and helps you get to know other kids”. Here are some of the things they said:

- “I think that it helped me understand a lot about life and how to solve my problems.”
- “It is a good program, others should try it. It will definitely affect my day to day life.”
- “The Power of Peace helped me deal with stuff and let me know that I am not alone.”
- “I think it’s a good way to show that people who are different don’t deserve to be treated differently.”
- “I feel that it was a good experience and I will always think more about choices that I make because of Power of Peace.”
- “I feel that this program was fun and showed me how lucky I am to have the life that I have.”
- “I felt like it was a happy, helpful way of getting teenagers to feel more open to the world.”
- “Power of Peace helped me see things from another perspective.”

Five teachers attended the Workshops. Here are some of the comments from the Adult Workshop Surveys:

- “Power of Peace was a positive experience. The kids will come away with a sense that you shouldn’t be quick to judge others because you never know what they might be going through.”
- “Good balance of happy and serious topics.”
- “It was a great way to get an idea of the issues students bring into the classroom. It made me think of ways I can be more empathetic in the classroom and different ways I can establish a “safe” space and community for all of my students.”
- “It was powerful and needed.”
- “We need more of this and need to reach more kids.”
- “Power of Peace would be better if more children could be a part of it.
- “It would help if there was more individual attention for students that need it.”